

PECO Cross Country League 2025-26: Race 5 (Roundhay Park)
Senior Men's Results

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim	Guest
1	3120	Ravenhall	George	Airecentre Pacers	MSEN	0:27:49	1		
2	4052	Lomas	Adam	Hyde Park Harriers	M35	0:28:06	1		
3	3328	Douglas	Benjamin	Hyde Park Harriers	M35	0:28:15	2		
4	3115	Humphries	Andrew	Airecentre Pacers	M35	0:28:43	3		
5	3939	Carter	Dom	York Postal Harriers	MSEN	0:28:55	2		
6	3374	Townson	Sam	Hyde Park Harriers	MSEN	0:29:14	3		
7	3915	Miller	Chris	Wharfedale Harriers	M40	0:29:15	1		
8	3828	Grant	Daniel	Valley Striders AC	M35	0:29:25	4		
9	3266	Boynton	Philip	Horsforth Harriers	M35	0:29:38	5		
10	3269	Casey	Dominic	Horsforth Harriers	MSEN	0:29:53	4		
11	3220	Mitchell	Thomas	Harrogate Harriers & AC	MSEN	0:29:59	5		
12	3438	Llewellyn	Ryan	Kirkstall Harriers	MSEN	0:30:01	6		
13	4459	Morgan	Joshua	Swansea Harriers	MSEN	0:30:12	7		Y
14	4113	Cowling	Tom	Roundhay Runners	MSEN	0:30:15	8		
15	3859	Vogel	Joost	Valley Striders AC	M35	0:30:20	6		
16	3028	Jones	Simon	Abbey Runners	MSEN	0:30:27	9		
17	3740	Herrington	Richard	St Therasas AC	M45	0:30:32	1		
18	3372	Sykes	Richard	Hyde Park Harriers	M40	0:30:41	2		
19	3022	Harris	Simon	Abbey Runners	M40	0:30:47	3		
20	3718	Cryer	Tom	St Therasas AC	MSEN	0:30:49	10		
21	4261	Blackwood	Douglas	Hyde Park Harriers	MSEN	0:30:52	11		
22	4220	Dumbell	Adam	Valley Striders AC	MSEN	0:30:53	12		
23	4395	Hamblen	Andrew	Ackworth Road Runners	MSEN	0:30:55	13		
24	4433	Browne	James	York Knavesmire Harriers	M45	0:31:06	2		
25	4240	Kemp	Chris	Hyde Park Harriers	MSEN	0:31:06	14		
26	4064	Moore	Gawain	Ilkley Harriers	M45	0:31:08	3		
27	3936	Boynton	Alex	York Postal Harriers	M35	0:31:13	7		
28	3346	Johnstone	Lucas	Hyde Park Harriers	MSEN	0:31:15	15		
29	3073	Applebee	Dan	Ackworth Road Runners	MSEN	0:31:17	16		
30	3488	Bryer	Josh	Nidd Valley Road Runners	MSEN	0:31:17	17		
31	3175	Lawrence	Simon	Chapel Allerton Runners	MSEN	0:31:17	18		
32	4010	Billingham	Jake	Chapel Allerton Runners	MSEN	0:31:26	19		
33	4385	Holmes	Christian	Wharfedale Harriers	M50	0:31:30	1		
34	3023	Holmes	Matthew	Abbey Runners	M45	0:31:32	4		
35	4060	Vargas	Michael	Hyde Park Harriers	M40	0:31:37	4		
36	3558	Morris	Stephen	Otley AC	M35	0:31:43	8		
37	4451	Whiting	Thomas	Vale of York Athletic Community	MSEN	0:31:43	20	Y	
38	3439	Lyll	Andrew	Kirkstall Harriers	MSEN	0:31:50	21		
39	3382	Brook-Dobson	Harry	Ilkley Harriers	MSEN	0:31:51	22		
40	3666	Hardy	Nick	Saltaire Striders	MSEN	0:31:52	23		
41	3103	Torr	Daniel	Ackworth Road Runners	MSEN	0:31:55	24		
42	3672	Kerr	Will	Saltaire Striders	M45	0:31:57	5		
43	3450	Wells	Simon	Kirkstall Harriers	M35	0:32:02	9		
44	3165	Harrold	Brian	Chapel Allerton Runners	M40	0:32:03	5		
45	4429	Weir	Paul	Saltaire Striders	M40	0:32:06	6		
46	3663	Egan	Jake	Saltaire Striders	MSEN	0:32:08	25		
47	4206	Leahy	Ted	Ripon Runners	M50	0:32:10	2		
48	3639	Morton	Joseph	Roundhay Runners	M40	0:32:14	7		
49	3722	Davey	Thomas	St Therasas AC	MSEN	0:32:14	26		
50	4252	Clark	Cal	Abbey Runners	M35	0:32:16	10		

51	4180	Vis	Patrick	Chapel Allerton Runners	MSEN	0:32:17	27		
52	4023	Ingoe	Anthony	Dragons Running Club (Leeds)	M40	0:32:23	8		
53	4321	Jones	Dan	Bradford Airedale AC	M35	0:32:30	11	Y	
54	4388	Furlong	Ian	Roundhay Runners	M40	0:32:36	9		
55	3435	Hardy	Lee	Kirkstall Harriers	M40	0:32:38	10		
56	3858	Venning	Tom	Valley Striders AC	M45	0:32:39	6		
57	3479	Fox-Bullivant	Alex	Horsforth Harriers	MSEN	0:32:42	28	Y	
58	3752	Morrison	Cairn	St Therasas AC	M45	0:32:45	7		
59	3058	Scott	Steven	Abbey Runners	M50	0:32:47	3		
60	3012	Brienen	Stef	Abbey Runners	MSEN	0:32:56	29		
61	3842	Mann	Gary	Valley Striders AC	M45	0:32:57	8		
62	3847	Parkinson	Andy	Valley Striders AC	MSEN	0:32:59	30		
63	3255	Harrison	Tristan	Horsforth Fellandale	MSEN	0:33:03	31		
64	3162	Green	Joseph	Chapel Allerton Runners	MSEN	0:33:07	32		
65	3888	Nicholls	Angus	Wetherby Runners AC	MSEN	0:33:09	33		
66	3270	Chilton	Patrick	Horsforth Harriers	M35	0:33:09	12		
67	4205	Walsh	Jamie	Otley AC	MSEN	0:33:10	34		
68	3486	Aylesbury	Caleb	Nidd Valley Road Runners	MSEN	0:33:12	35		
69	4210	Turner	Andy	Roundhay Runners	M35	0:33:15	13		
70	3664	Fillingham	Martin	Saltaire Striders	M50	0:33:20	4		
71	4146	Drake	Richard	Valley Striders AC	M50	0:33:23	5		
72	3546	Evans	Jonathan	Otley AC	MSEN	0:33:27	36		
73	4460	Mills	Craig	Nidd Valley Road Runners	M50	0:33:29	6		Y
74	3327	de Pablo Carrion	Pablo	Hyde Park Harriers	MSEN	0:33:29	37		
75	4063	Gott	Steven	Ilkley Harriers	M45	0:33:32	9		
76	4281	Grinnell	Andrew	St Therasas AC	M50	0:33:33	7		
77	3951	Heubeck	Andy	York Postal Harriers	M35	0:33:37	14		
78	3706	Reed	Joe	Skyrac AC	MSEN	0:33:38	38		Y
79	3049	Rhule-Samuel	Joel	Abbey Runners	MSEN	0:33:38	39		
80	4095	Macauley	Craig	Otley AC	M35	0:33:39	15		
81	3821	Ford	Andrew	Valley Striders AC	M45	0:33:41	10		
82	3677	Macfarlane	Russell	Saltaire Striders	M40	0:33:48	11		
83	3357	Malkin	Alexander	Hyde Park Harriers	MSEN	0:33:51	40		
84	3212	Frosztega	Richard	Harrogate Harriers & AC	M40	0:33:51	12		
85	4262	Gallagher	Mike	Hyde Park Harriers	M40	0:33:55	13		
86	3721	Daley	Nick	St Therasas AC	MSEN	0:33:58	41		
87	4434	Mawer	Damian	York Postal Harriers	M45	0:34:04	11		
88	3990	Bysouth	Tom	Abbey Runners	M45	0:34:04	12		
89	3182	Rooke	Michael	Chapel Allerton Runners	MSEN	0:34:04	42		
90	3436	Hipkiss	Jack	Kirkstall Harriers	MSEN	0:34:05	43		
91	3644	Quinlan	Paul	Roundhay Runners	M40	0:34:06	14		
92	3498	Hesford	Ian	Nidd Valley Road Runners	M45	0:34:07	13		
93	3932	Leslie	Stuart	York Knavesmire Harriers	M40	0:34:13	15		
94	3144	Anderton	Tom	Chapel Allerton Runners	MSEN	0:34:15	44		
95	3333	Fellows	Alasdair	Hyde Park Harriers	MSEN	0:34:21	45		
96	4001	Sharpe	Matthew	Abbey Runners	MSEN	0:34:21	46		
97	3451	Zanzottera	Joe	Kirkstall Harriers	MSEN	0:34:22	47		
98	4428	Singh	John	Saltaire Striders	M40	0:34:23	16		
99	3305	Adkins	Toby	Hyde Park Harriers	M35	0:34:29	16		
100	4257	Fulton	Aron	Airecentre Pacers	M35	0:34:35	17		
101	3759	Robson	John	St Therasas AC	M50	0:34:35	8		
102	3353	Knighton	Richard	Hyde Park Harriers	MSEN	0:34:43	48		
103	3778	Bennett	Paul	Vale of York Athletic Community	M45	0:34:45	14		
104	3905	Charlesworth	Nicholas	Wharfedale Harriers	M55	0:34:46	1		

105	4455	Lowe	Joseph	Harrogate Harriers & AC	M55	0:34:48	2		Y
106	3891	Sugden	Luke	Wetherby Runners AC	M45	0:34:48	15		
107	4423	Mirzai	James	Roundhay Runners	M35	0:34:52	18		
108	3669	Jackson	Daniel	Saltaire Striders	M40	0:34:53	17		
109	3994	Gaffey	Richard	Abbey Runners	M50	0:34:55	9		
110	3940	Carter	Jim	York Postal Harriers	M50	0:34:58	10		
111	4419	Smith	Daniel	Pudsey & Bramley AC	M50	0:35:00	11		
112	3662	Dunbar	Stuart	Saltaire Striders	M60	0:35:02	1		
113	4288	Ambler	Phil	Wakefield District H & AC	M55	0:35:02	3		Y
114	3296	Perkinson	Andrew	Horsforth Harriers	M50	0:35:03	12		
115	3930	Zemlik	Darren	Wharfedale Harriers	M55	0:35:06	4	Y	
116	4184	Fleisher	Andrew	Harrogate Harriers & AC	M35	0:35:11	19		
117	3611	Roberts	Tom	Rothwell Harriers & AC	M35	0:35:13	20		
118	3139	Slattery	Ian	Bradford Airedale AC	M40	0:35:16	18		
119	3885	Mcmullan	Geoff	Wetherby Runners AC	M45	0:35:17	16		
120	3324	Copley	Paul	Hyde Park Harriers	M35	0:35:17	21		
121	3953	Holmes	Neale	York Postal Harriers	M35	0:35:19	22		
122	3217	Howard	Ashley	Harrogate Harriers & AC	MSEN	0:35:22	49		
123	3396	Overend	Andrew	Ilkley Harriers	M45	0:35:23	17		
124	3775	Anderson	Finlay	Vale of York Athletic Community	MSEN	0:35:28	50		
125	4027	Clark	Kevin	Harrogate Harriers & AC	M40	0:35:29	19		
126	3246	Metcalfe	Kevin	Harrogate Tri Club	M55	0:35:30	5		
127	4236	Jenkins	Daniel	Saltaire Striders	M50	0:35:31	13		
128	4061	Walker	Tom	Hyde Park Harriers	M35	0:35:31	23		
129	3563	Richards	Oliver	Otley AC	M40	0:35:31	20		
130	4251	Boardman	Chris	Abbey Runners	M40	0:35:32	21		
131	3433	Coldwell	Ben	Kirkstall Harriers	M35	0:35:34	24		
132	3509	Lofthouse	Martin	Nidd Valley Road Runners	M55	0:35:35	6		
133	4211	Carlton	James	Saltaire Striders	M35	0:35:41	25		
134	4155	Nicholls	Marcus	Wetherby Runners AC	M50	0:35:42	14		
135	3810	Bandy	Clive	Valley Striders AC	M45	0:35:42	18		
136	3095	Robinson	Michael	Ackworth Road Runners	M35	0:35:43	26		
137	3614	Walker	Dean	Rothwell Harriers & AC	MSEN	0:35:46	51		
138	3376	Wallis	Nigel	Hyde Park Harriers	M45	0:35:49	19		
139	3089	Lines	Charles	Ackworth Road Runners	M65	0:35:52	1		
140	3997	Mcguire	Dave	Abbey Runners	M55	0:35:52	7		
141	3956	Partridge	Simon	York Postal Harriers	M45	0:35:53	20		
142	3730	Fuller	Nigel	St Therasas AC	M45	0:35:56	21		
143	3442	O'Brien	Alan	Kirkstall Harriers	M40	0:35:56	22		
144	3933	Lowson	Andrew	York Knavesmire Harriers	M45	0:35:59	22		
145	3385	Hallworth	Ben	Ilkley Harriers	M45	0:36:02	23		
146	4341	Yates	Jonny	Roundhay Runners	M40	0:36:13	23		
147	3625	Dearden	Mike	Roundhay Runners	M45	0:36:18	24		
148	3309	Batten	Matthew	Hyde Park Harriers	MSEN	0:36:23	52		
149	3852	Sanderson	Ian	Valley Striders AC	M55	0:36:27	8		
150	3133	Colley	Ashley	Bradford Airedale AC	M35	0:36:29	27		
151	3099	Smith	Ryan	Ackworth Road Runners	M40	0:36:31	24		
152	4107	Gourley	William	Rothwell Harriers & AC	M45	0:36:31	25		
153	3736	Haines	Andy	St Therasas AC	M45	0:36:36	26		
154	3530	Townend	Darren	Nidd Valley Road Runners	M50	0:36:40	15		
155	3123	Walker	Richard	Airecentre Pacers	M50	0:36:42	16		
156	3645	Rao	Nicholas	Roundhay Runners	MSEN	0:36:46	53		
157	3459	Cornforth	Philip	Knaresborough Striders	M55	0:36:47	9		
158	4221	Irvine	Richard	Valley Striders AC	M50	0:36:48	17		

159	4073	Weeks	Andrew	Kippax & District Harriers	M45	0:36:49	27		
160	3129	Norris	David Anthony	Bingley Harriers & AC	M50	0:36:53	18		Y
161	3041	O'Donnell	Ged	Abbey Runners	M40	0:36:54	25		
162	3553	Lake	Graham	Otley AC	M45	0:36:55	28		
163	3957	Pearson	Marc	York Postal Harriers	M40	0:36:56	26		
164	4391	Mullen	David	Abbey Runners	M60	0:36:57	2		
165	3513	Mead	Paul	Nidd Valley Road Runners	M55	0:36:57	10		
166	4050	Jeffer	Nathan	Hyde Park Harriers	MSEN	0:36:59	54		
167	3168	Hutter	Russell	Chapel Allerton Runners	M55	0:37:00	11		
168	3549	Hornby	Sean	Otley AC	M50	0:37:06	19		
169	4413	Lines	Eddy	Otley AC	M45	0:37:12	29		
170	4277	Newell	Matt	Roundhay Runners	M40	0:37:13	27		
171	4343	Kay	Tom	Saltaire Striders	M35	0:37:13	28		
172	4399	Winks	Rowan	Ackworth Road Runners	MSEN	0:37:14	55		
173	3006	Ashworth	Richard	Abbey Runners	M50	0:37:15	20		
174	4129	Laville	Harry	Saltaire Striders	MSEN	0:37:16	56		
175	3430	Al-Janabi	Daoud	Kirkstall Harriers	MSEN	0:37:21	57		
176	3186	Selby	Ben	Chapel Allerton Runners	MSEN	0:37:22	58		
177	3637	Macdonald	Matthew	Roundhay Runners	MSEN	0:37:23	59		
178	3811	Biddulph	Tom	Valley Striders AC	MSEN	0:37:25	60		
179	4372	Mills	Tony	Valley Striders AC	M50	0:37:33	21		
180	3517	Nicholas	Kevin	Nidd Valley Road Runners	M60	0:37:34	3		
181	3045	Peters	Gregory	Abbey Runners	MSEN	0:37:34	61		
182	4173	Slawson	John	Airecentre Pacers	MSEN	0:37:35	62		
183	3188	Shepherd	Stuart	Chapel Allerton Runners	M45	0:37:40	30		
184	3462	Ellmore	Steve	Knaresborough Striders	M55	0:37:43	12		
185	3109	Wigglesworth	Steven	Ackworth Road Runners	M60	0:37:46	4		
186	3429	Wideman	Wayne	Kippax & District Harriers	M45	0:37:50	31		
187	3086	Gascoigne	Ryan	Ackworth Road Runners	MSEN	0:37:52	63		
188	3991	Craven	Paul	Abbey Runners	M55	0:37:54	13		
189	3441	Moger	Adam	Kirkstall Harriers	M50	0:38:00	22		
190	3417	Harding	Joseph	Kippax & District Harriers	MSEN	0:38:01	64		
191	3593	Webster	Andrew	Ripon Runners	M50	0:38:09	23		
192	3886	Mcnicholas	Edward	Wetherby Runners AC	MSEN	0:38:10	65		
193	4099	Mann	Chris	Pudsey & Bramley AC	M40	0:38:13	28		
194	4157	Richards	Ben	Wetherby Runners AC	MSEN	0:38:13	66		
195	4254	Wood	Tim	Abbey Runners	M35	0:38:19	29		
196	4305	Boocock	Steven	Horsforth Fellandale	M60	0:38:21	5		
197	3152	Clarkson	Peter	Chapel Allerton Runners	M45	0:38:22	32		
198	3440	Masey	Jack	Kirkstall Harriers	M35	0:38:24	30		
199	3018	Frazer	Martin	Abbey Runners	M60	0:38:26	6		
200	4456	Middleton	Joe	Ackworth Road Runners	MSEN	0:38:28	67		
201	3106	Wallace	David	Ackworth Road Runners	M55	0:38:31	14		
202	3683	Patterson	Chris	Saltaire Striders	M55	0:38:33	15		
203	4091	Scaife	Nigel	Nidd Valley Road Runners	M55	0:38:36	16		
204	4238	Parker	Karl	Abbey Runners	MSEN	0:38:37	68		
205	3397	Singleton	David	Ilkley Harriers	M50	0:38:38	24		
206	3169	Isherwood	Dave	Chapel Allerton Runners	M45	0:38:42	33		
207	3826	Giddings	Joel	Valley Striders AC	M50	0:38:47	25		
208	4224	Wallhead	Nick	Wetherby Runners AC	M45	0:38:53	34		
209	3238	Wilkinson	Gary	Harrogate Harriers & AC	M50	0:38:54	26		
210	4217	Meador	Charlie	Vale of York Athletic Community	MSEN	0:38:55	69		
211	3492	Cocker	Simon	Nidd Valley Road Runners	M60	0:38:59	7		
212	3686	Peacock	Tom	Saltaire Striders	MSEN	0:39:01	70		

213	3278	Freeman	Paul	Horsforth Harriers	M55	0:39:03	17		
214	3825	Furby	Mike	Valley Striders AC	M50	0:39:05	27		
215	4417	Pullan	Andy	Otley AC	MSEN	0:39:06	71		
216	3078	Bennett	Simon	Ackworth Road Runners	M65	0:39:08	2		
217	3541	Bowness	Harry	Otley AC	MSEN	0:39:10	72		
218	4328	Gerrish	Adam	Ilkley Harriers	MSEN	0:39:18	73		
219	3163	Greenland	Rob	Chapel Allerton Runners	M50	0:39:19	28		
220	3856	Taylor	Drew	Valley Striders AC	M60	0:39:21	8		
221	3244	Hatch	Gary	Harrogate Tri Club	M60	0:39:26	9		
222	3113	Gatenby	Robert	Airecentre Pacers	M45	0:39:32	35		
223	4076	Foley	Daniel	Knaresborough Striders	M45	0:39:32	36		
224	3074	Aubrey	Ryan	Ackworth Road Runners	M40	0:39:34	29		
225	4316	Saddler	Liam	Ackworth Road Runners	M35	0:39:34	31		
226	3469	Marshall	Guy	Knaresborough Striders	M60	0:39:35	10		
227	3816	Cook	Sean	Valley Striders AC	M40	0:39:40	30		
228	4188	Donnelly	Dan	Hyde Park Harriers	M55	0:39:42	18		
229	3794	Johnson	Richard	Vale of York Athletic Community	M40	0:39:43	31		
230	3840	Long	Vernon	Valley Striders AC	M55	0:39:45	19		
231	4420	Dearie	Martin	Rodillian Runners	M50	0:39:50	29		Y
232	3531	Turner	Steven	Nidd Valley Road Runners	M55	0:39:50	20		
233	3237	Watson	Simon	Harrogate Harriers & AC	M60	0:39:53	11		
234	4392	Sheer	Tim	Abbey Runners	M45	0:39:56	37		
235	3213	Gill	Michael	Harrogate Harriers & AC	M55	0:40:02	21		
236	3890	Shipley	Ian	Wetherby Runners AC	M55	0:40:05	22	Y	
237	3143	Allison	David	Chapel Allerton Runners	M55	0:40:07	23		
238	3071	Wray-Rogers	Luke	Abbey Runners	M45	0:40:08	38		
239	3502	Jackson	Jon	Nidd Valley Road Runners	M55	0:40:13	24		
240	3984	Steel	Phil	York Triathlon Club	M45	0:40:16	39		
241	3370	Shakespeare	Ed	Hyde Park Harriers	MSEN	0:40:21	74		
242	3470	Mcnab	Aidan	Knaresborough Striders	M40	0:40:25	32		
243	3288	Landells	Martin	Horsforth Harriers	M60	0:40:28	12		
244	4002	Hughes	David	Ackworth Road Runners	M45	0:40:35	40		
245	4265	Ramsden	Paul	Hyde Park Harriers	M50	0:40:45	30		
246	3413	Follows	Jude	Kippax & District Harriers	MSEN	0:40:48	75		
247	3427	Staveley	John	Kippax & District Harriers	M50	0:40:50	31		
248	3172	Jewitt	Fred	Chapel Allerton Runners	MSEN	0:40:50	76		
249	3065	Steven	Tom	Abbey Runners	M40	0:40:52	33		
250	3010	Bastin	Tony	Abbey Runners	M60	0:40:53	13		
251	3262	Small	Chris	Horsforth Fellandale	M45	0:40:54	41		
252	3732	Gibson	Paul	St Therasas AC	M50	0:40:59	32		
253	3864	Baxter	Adam	Wetherby Runners AC	MSEN	0:41:03	77		
254	3539	Armitstead	John	Otley AC	M65	0:41:04	3		
255	4408	Crossdale	Dan	Otley AC	M35	0:41:05	32		
256	3051	Richards	Jon	Abbey Runners	M45	0:41:07	42		
257	4213	Furness	Neil	St Therasas AC	M40	0:41:12	34		
258	3705	Watson	Dean	Savvy Park Runrz	M40	0:41:14	35		Y
259	3610	Rickerby	Dylan	Rothwell Harriers & AC	M50	0:41:17	33		
260	4432	Seddon	Tim	St Therasas AC	M65	0:41:17	4		
261	3460	Dobinson	Derek	Knaresborough Striders	M45	0:41:18	43		
262	3575	Brazier	Paul	Ripon Runners	M55	0:41:21	25		
263	3036	Morimoto	Kazuki	Abbey Runners	M55	0:41:21	26		
264	4403	Barr	Christopher	Hyde Park Harriers	M35	0:41:26	33		
265	3869	Callaghan	Peter	Wetherby Runners AC	M60	0:41:29	14		
266	3798	Middup	Steve	Vale of York Athletic Community	M65	0:41:31	5		

267	3564	Swettenham	Andrew	Otley AC	M45	0:41:44	44		
268	4461	Markey	Nathan	Bradford Airedale AC	MSEN	0:41:45	78		
269	3592	Warner	Ady	Ripon Runners	M50	0:41:48	34		
270	4227	Robinson	Steve	York Acorn Running Club	M50	0:41:56	35		Y
271	3586	Rogers	Brian	Ripon Runners	M70	0:41:58	1	Y	
272	3861	Wallace	John	Valley Striders AC	M55	0:42:01	27		
273	3137	Miran	Sohail	Bradford Airedale AC	M50	0:42:02	36		
274	4080	Andralojc	Nick	Nidd Valley Road Runners	M60	0:42:04	15		
275	3848	Parton	Adam	Valley Striders AC	M55	0:42:06	28		
276	4347	Burn	Robert	Thirsk & Sowerby Harriers	M70	0:42:06	2		Y
277	3921	Schofield	Jason	Wharfedale Harriers	M55	0:42:08	29		
278	3313	Blatherwick	John	Hyde Park Harriers	M35	0:42:16	34		
279	4283	Huggins	Roy	Valley Striders AC	M60	0:42:33	16		
280	3477	Tattersall	Andrew	Knaresborough Striders	M60	0:42:41	17		
281	4176	Mansfield	Stuart	Bradford Airedale AC	M40	0:42:52	36		
282	4337	Pears	Simon	Otley AC	M50	0:42:55	37		
283	3317	Burton	Simon	Hyde Park Harriers	M35	0:42:57	35		
284	3649	Saffin	Leo	Roundhay Runners	MSEN	0:42:58	79		
285	3019	Greene	Paul	Abbey Runners	M65	0:43:01	6		
286	3898	Trapps	Steve	Wetherby Runners AC	M50	0:43:02	38		
287	4427	Jones	Ed	Saltaire Striders	M35	0:43:04	36		
288	3849	Pawley	Graham	Valley Striders AC	M55	0:43:05	30		
289	3643	Page	Mick	Roundhay Runners	M70	0:43:10	3	Y	
290	4025	Askew	David	Harrogate Harriers & AC	M60	0:43:12	18		
291	4338	Tranter	Paul	Otley AC	M60	0:43:22	19		
292	3716	Clarke	Andy	St Therasas AC	M50	0:43:24	39		
293	4089	Read	Carl	Nidd Valley Road Runners	M45	0:43:24	45		
294	3572	Shamim	Salman	Pudsey & Bramley AC	M50	0:43:35	40		
295	3860	Walker	Richard	Valley Striders AC	M55	0:43:46	31		
296	3009	Balkwill	James	Abbey Runners	M55	0:43:47	32		
297	3264	Baines	Andrew	Horsforth Harriers	M45	0:43:52	46		
298	3453	Brennan	Sean	Knaresborough Striders	M55	0:43:52	33		
299	3400	White	Geoffrey	Ilkley Harriers	M40	0:43:56	37		
300	3758	Ramsden	Peter	St Therasas AC	M70	0:43:56	4		
301	3543	Brown	Simon	Otley AC	M50	0:43:58	41		
302	4269	Kirk	Stephen	Knaresborough Striders	M50	0:44:01	42		
303	3771	Mcnicholas	Vincent	Tadcaster Harriers	M60	0:44:02	20		Y
304	4015	O'Hara	John	Chapel Allerton Runners	M50	0:44:04	43		
305	3519	Patel	Girish	Nidd Valley Road Runners	M55	0:44:07	34		
306	4394	Daudet	Nick	Ackworth Road Runners	M50	0:44:07	44		
307	3737	Harrison	John	St Therasas AC	M50	0:44:07	45		
308	4131	Winterbottom	Joshua	Saltaire Striders	MSEN	0:44:10	80		
309	3551	Jeffrey	Michael	Otley AC	M70	0:44:13	5		
310	3812	Brewster	Keith	Valley Striders AC	M70	0:44:14	6		
311	3383	Budding	Robert	Ilkley Harriers	M55	0:44:16	35		
312	3141	Wignall	Michael	Bradford Airedale AC	M40	0:44:20	38		
313	3679	Mosedale	Tim	Saltaire Striders	M45	0:44:26	47		
314	3590	Tinsley	Graham	Ripon Runners	M60	0:44:27	21		
315	3398	Travis	Alan	Ilkley Harriers	M45	0:44:33	48		
316	3785	Bromley	Richard	Vale of York Athletic Community	M55	0:44:42	36		
317	3703	Hendy	Mark	Savvy Park Runrz	M40	0:44:50	39		Y
318	3159	Gibson	Paul	Chapel Allerton Runners	M65	0:44:51	7		
319	3356	Longmate	Kevin	Hyde Park Harriers	M35	0:44:56	37		
320	3809	Adcock	Richard	Valley Striders AC	M55	0:45:04	37		

321	3601	Gregory	Mark	Rothwell Harriers & AC	M60	0:45:07	22	Y	
322	3291	Mccleave	Martin	Horsforth Harriers	M55	0:45:11	38		
323	4237	Davey	James	Ackworth Road Runners	M45	0:45:12	49		
324	4411	Kalco	Carl	Otley AC	MSEN	0:45:13	81		
325	3931	Estienne	Mark	York Acorn Running Club	M55	0:45:14	39		Y
326	4125	Douglas	Alan	Saltaire Striders	M55	0:45:22	40		
327	3615	Ward	Roger	Rothwell Harriers & AC	M65	0:45:25	8		
328	3154	Cuthbertson	Nic	Chapel Allerton Runners	M60	0:45:29	23		
329	3222	Murphy	Kevin-Malachy	Harrogate Harriers & AC	M65	0:45:30	9		
330	3701	Bell	Nick	Savvy Park Runrz	M65	0:45:33	10		Y
331	3707	Pratt	Steve	Snaith & Cowick Running Club	M50	0:45:34	46		Y
332	4416	Owen	Mark	Otley AC	M50	0:45:36	47		
333	3337	Holohan	Raymond	Hyde Park Harriers	M50	0:45:39	48		
334	4145	Bumstead	Robert	Valley Striders AC	M55	0:45:44	41		
335	3841	Mace	Andrew	Valley Striders AC	M55	0:45:44	42		
336	3963	Whitby	Mark	York Postal Harriers	M60	0:45:45	24		
337	3807	Wigglesworth	Daniel	Vale of York Athletic Community	M40	0:45:47	40		
338	3312	Beswick	Alan	Hyde Park Harriers	M60	0:46:05	25		
339	3964	Withill	Sean	York Postal Harriers	M60	0:46:07	26		
340	4405	Copley	James	Kippax & District Harriers	M45	0:46:15	50		
341	3767	Cooke	John	Tadcaster Harriers	M65	0:46:21	11		Y
342	3173	Kendell	John	Chapel Allerton Runners	M45	0:46:21	51		
343	3069	Whittaker	Jim	Abbey Runners	M55	0:46:23	43		
344	4058	Tarbit	James	Hyde Park Harriers	M40	0:46:41	41		
345	3801	Roberts	Mark	Vale of York Athletic Community	M45	0:46:57	52		
346	3768	Estienne	Kyle	Tadcaster Harriers	MSEN	0:46:58	82		Y
347	3690	Read	Jamie	Saltaire Striders	MSEN	0:47:08	83		
348	3153	Crosby	Ben	Chapel Allerton Runners	M50	0:47:09	49		
349	3527	Smith	Nick	Nidd Valley Road Runners	M65	0:47:11	12		
350	3561	Podd	Matt	Otley AC	M65	0:47:17	13		
351	3676	Love	Martin	Saltaire Striders	M60	0:47:26	27		
352	4037	Short	Marc	Horsforth Fellandale	M45	0:47:29	53		
353	4124	Turner	Jonathan	Roundhay Runners	M55	0:47:30	44		
354	3410	Durkin	Paul	Kippax & District Harriers	M60	0:47:31	28		
355	3352	Kidner	Ralph	Hyde Park Harriers	M70	0:47:38	7		
356	3824	Fox	Ken	Valley Striders AC	M65	0:47:42	14		
357	3240	Dunn	Paul	Harrogate Tri Club	M40	0:47:44	42		
358	3406	Brookes	Adrian	Kippax & District Harriers	M55	0:47:50	45		
359	4108	Mcnamara	Dave	Rothwell Harriers & AC	M50	0:48:02	50	Y	
360	4085	Lucock	Matthew	Nidd Valley Road Runners	M35	0:48:31	38		
361	4407	Kay	Jonathan	Nidd Valley Road Runners	M40	0:48:33	43		
362	3042	Patchett	Ian	Abbey Runners	M60	0:48:38	29		
363	4207	Bowman	Geoff	Roundhay Runners	M60	0:48:51	30		
364	3795	Leadbeater	James	Vale of York Athletic Community	M40	0:48:52	44		
365	4072	Walker	Adam	Kippax & District Harriers	M50	0:49:06	51		
366	3565	Walsh	Carl	Otley AC	M60	0:49:12	31		
367	3862	Barnes	Jerry	Vegan Runners UK	M65	0:49:17	15		Y
368	4327	Wilson	Joseph	Hyde Park Harriers	MSEN	0:49:19	84		
369	3656	Ball	Steven	Saltaire Striders	M45	0:50:45	54		
370	3763	Taylor	Sam	St Therasas AC	M40	0:50:50	45		
371	3871	Crosby	David	Wetherby Runners AC	M60	0:51:03	32		
372	4222	Riding	Michael	Valley Striders AC	M55	0:51:52	46		
373	3831	Hussey	John	Valley Striders AC	M75	0:52:29	1		
374	3011	Blinston	Peter	Abbey Runners	M55	0:52:38	47		

375	4458	Stephenson	Tim	York Triathlon Club	M60	0:52:42	33		Y
376	3699	Storey	Ian	Saltaire Striders	M50	0:52:46	52		
377	4431	Potter	Matthew	St Therasas AC	M50	0:52:52	53		
378	3205	Rollett	Andrew	Dragons Running Club (Leeds)	M40	0:53:27	46		
379	3064	Smith	Guy	Abbey Runners	M65	0:53:46	16		
380	4401	Paver	David	City of York AC	M70	0:54:04	8		Y
381	3587	Skinner	John	Ripon Runners	M60	0:54:12	34		
382	3881	Hutchinson	Barry	Wetherby Runners AC	M70	0:54:27	9		
383	3008	Badkin	Peter	Abbey Runners	M60	0:54:56	35		
384	3258	Metcalfe	Daniel	Horsforth Fellandale	M45	0:55:14	55		
385	3132	Binns	Richard	Bradford Airedale AC	M55	0:56:19	48		
386	3261	Prendergast	Carl	Horsforth Fellandale	M75	0:56:30	2		
387	3423	Kitchen	Jay	Kippax & District Harriers	M65	0:56:42	17		
388	3191	Sutcliffe	Adam	Chapel Allerton Runners	M50	0:57:08	54		
389	4324	Barker	David	Horsforth Harriers	M50	0:58:08	55		
390	4425	Belmont	Dave	Saltaire Striders	M65	0:58:11	18		
391	4258	Markey	Barry	Bradford Airedale AC	M65	0:58:26	19		
392	3366	Pullan	Richard	Hyde Park Harriers	M65	0:58:36	20		
393	3638	Moore	Colin	Roundhay Runners	M70	0:59:21	10		
394	3925	Thompson	Geoff	Wharfedale Harriers	M65	0:59:32	21		
395	3595	Bywater	Chris	Rothwell Harriers & AC	M70	0:59:42	11		
396	3524	Seaman	Dave	Nidd Valley Road Runners	M75	0:59:59	3		
397	4039	Dinsdale	Mark	Horsforth Harriers	M55	1:00:38	49		
398	3481	Waistell	Alan	Leeds & Bradford Triathlon Club	M60	1:02:26	36		Y
399	3149	Bernardo Jr	Carlos	Chapel Allerton Runners	M40	1:03:08	47		
400	3710	Best	Jamie	St Therasas AC	M45	1:03:53	56		
401	3245	Head	Mark	Harrogate Tri Club	M60	1:14:47	37		